



MOCHA MINT

486	54g	55g	7g
CALORIES	PROTEIN	CARBS	FAT

INGREDIENTS:

<p>1 OZ</p> <p>1 DROP</p> <p>2 SCOOPS</p> <p>½ C</p>	<p>ENVELOPE SWISS MOCHA COFFE MIX</p> <p>PEPPERMINT EXTRACT</p> <p>WHEY PROTEIN POWDER VANILLA <small>(22 GRAMS / PER SCOOP)</small></p> <p>NON-FAT MILK</p>
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PLACE ALL INGREDIENTS INTO A BLENDER. BLEND UNTIL SMOOTH. ADD CRUSHED ICE IF DESIRED.

ORANGE BANANA

607	57g	88g	6g
CALORIES	PROTEIN	CARBS	FAT

INGREDIENTS:

<p>1 C</p> <p>1</p> <p>2 SCOOPS</p> <p>½ C</p>	<p>ORANGE JUICE</p> <p>LARGE BANANA</p> <p>WHEY PROTEIN POWDER VANILLA <small>(22 GRAMS / PER SCOOP)</small></p> <p>NON-FAT MILK</p>
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PLACE ALL INGREDIENTS INTO A BLENDER. BLEND UNTIL SMOOTH. ADD CRUSHED ICE IF DESIRED.

